

## Chesterton Physical Therapy, Inc.

Here are some common questions physicians have asked us here at Chesterton Physical Therapy, Inc:

**1. How long have you been in business?**

We have been taking care of patients at our office since July 2008 however; We have over 50 yrs of combined experience.

**2. How does a patient get started?**

If a patient asks about physical therapy or you feel they may need it, you can write a script for them right on the spot. However in Indiana, the patient does not require a script to be evaluated and treated.

**3. Do insurances cover physical therapy and which insurances do you accept?**

**4.**

Physical therapy is typically covered by most insurance companies. Either the patient can call their insurance or they can come to our facility and we will check from them as a courtesy. It typically takes 24 hours or less for an insurance specialist from our office to contact the patient to let them know the details of their coverage. This will include the number of visits, if they have a co-pay or not, what that co-pay will be, if they have a deductible or not and what that is. We do offer a special discount to those who are uninsured to make it affordable for them to receive the care they deserve..

**We accept most Preferred Provider Organization insurances including but not limited to Anthem Blue Cross Blue Shield, Cigna, Aetna, Encore, Orthonet, UHC and PHP. We accept Medicare and Medicaid as well.**

**5. What type of conditions does physical therapy help with?**

Our therapists are trained to evaluate and treat musculoskeletal, neurological and orthopedic conditions to prepare a customized treatment plan which allows each patient to return to important activities in life. These conditions include but are not limited to: acute and chronic pain, injuries, fibromyalgia, Balance Problems and Dizziness, etc.

**6. What types of treatments do you offer?**

We customize each treatment plan based on the patient's condition and functional status. We specialize in manual therapy including joint mobilizations, myofascial release, trigger point release, muscle energy techniques and neuromuscular re-education in combination with traditional physical therapy. We offer a variety of modalities such as Anodyne Therapy, Biodex balance and fall prevention, Electrical stimulation, Low level Laser treatments, Ultrasound, Paraffin wax, Thermal agents in conjunction to the patients treatment.

We focus on patient outcomes and our newest addition to our niche services is Valedo therapy studio for low back pain!

**7. If I have any questions or concerns about my patient will I be able to talk to the physical therapist who is working with them?**

Yes, you will be able to talk directly to them if you have any questions regarding your patients' progress. Our physical therapist will take the time to explain in detail how they are doing. We can send bi-weekly reports to your office to keep you informed about our patients progress.

**8. Why should you refer patients to Chesterton Physical Therapy, Inc.?**

We are a family-owned practice and by being so we take pride in our personalized quality care. By providing one on one treatment as well as educating patients to ensure continued effort towards self-management of their condition/symptom, we are able to facilitate a fast recovery to an active and healthy lifestyle for your patients.